

Patient Participation Group

May Lane Surgery

Minutes of a meeting held on the 16/02/2017

1. Members Present:

Rosalind Cameron-Mowat (Temporary Chair), David Thould (Secretary), Shirley Hill, Lesley Cross, Harry Atkinson, Marcia Heaven, Joan Gummer, Richard Watson (Cotswold Trails and Access Officer, Cotswold Conservation Board)

2. In Attendance:

Dr Tom Yerburgh (Acorn Practice), Dr Simon Opher (Walnut Tree Practice), Wendy Hunter (May Lane Surgery).

3. Apologies:

Mike Baker, Sally Hayward, John Hobson, Fiona Madden, George Way, Maureen Hebron

4. Minutes of last meeting held on the 18th August 2016 & matters arising:

a) Bereavement away from home

Wendy Hunter informed the group that she is updating the website with third party references (links to external sites).

b) New funding for nursing projects (men's health)

Dr Yerburgh explained there was neither a well woman or man clinic but a well everyone clinic. Letters are sent out to over forties for a health check, in conjunction with Gloucester County Council, part of the Public Health Department.

Dr Opher joined the meeting.

5. Richard Watson, Cotswold Trails and Access Officer, Cotswold Conservation Board

a) Pilot health walks

Richard Watson introduced himself and explained he represented the Cotswold Area of Outstanding Natural Beauty (Chipping Camden to Bath). Following an earlier consultation with Dr Opher the idea of prescription walks arose. The idea being patients could possibly be prescribed a walk.

The target audience for the prescribed walks were patients who were not yet ill but had the potential to become so. As an example those who took little exercise. Richard Watson said he was here today to source information from the PPG. The first Question was where to start the walks from, given the terrain was very hilly.

Shirley Hill, a walk leader herself, said one of the groups which included people that had been bereaved group met outside Barclays Bank, Parsonage Street.

Joan Gummer said there was a leaflet on bus walks in the Heritage Centre. The idea being people either walked to a bus top and caught a bus back, or caught a bus and walked back. There was some discussion on the time the walk took place, with evening walks suggested. Richard Watson then asked about distance, and whether a mile or less sounded reasonable.

Simon Opher suggested starting with a mile to get people walking. From there they could partake in other walks or plan their own. Richard Watson then asked what barriers there were, what stopped people walking.

The issue of availability of toilets was raised by Joan Gummer and Marcia Heaven. Lesley Cross stated the need for appropriate footwear. David Thould said the size of group could be off-putting or intimidating for some.

Simon Opher added that information on the walks were now on the surgery information screens. Marcia Heaven said the availability of funds could be an issue. In particular the printing of leaflets. Rosalind Cameron-Mowat added that ensuring at least one person in the group had a mobile phone was important.

Richard Watson then asked how the walks could be made attractive to patients. Simon Opher suggested coloured maps. Cam Surgery, The Gazette,

Community Centre, Heritage Centre and the Talking Newspaper were proposed as places to publicise walks.

Richard Watson then asked of incentives, for example the issuing of pedometers. Lesley Cross said that first you have to get the interest, and that the thought of having to do so many steps could be intimidating. Richard Watson thanked the group and left.

6. Lesley Cross N.A.P.P Reports

Notes on NAPP January 2017 Bulletin at meeting 16th February 2017 (by Lesley Cross)

a) PPG Awareness week 19th June 2017. It was agreed this would be put on the Surgery Screen and other thoughts are welcome as to what can be done to raise awareness

b) <http://www.napp.org.uk/news.html#bjgp>.

Jeremy Hunt's announcement on new deal for GP's – this item highlights NAPP disappointment the Secretary of State made little reference to the part patients can and must play in supporting and improving primary care. Lesley pointed out that the Five Year Forward Review and STP will rely heavily on the role of volunteers. We, as patients, really do need to get involved if this is going to work.

c) Carer's missing out – is the Surgery doing anything to promote this? Dr Yerburch advised the Surgery has a Surgery Care Co-ordinator to make contact with Carers and offer help – this is working well.

d) Sepsis Awareness Campaign – it was felt by the GP's in attendance there is good knowledge and awareness within the professionals but more effort needs to be made to make parents aware. The Surgery will promote the leaflets and posters when they arrive.

e) Combating loneliness

GP's are aware of this problem and have been concentrating on making contact under the Social Prescription scheme and will continue to do so.

Lesley advised :-

The Royal British Legion Travel section has access to money from the Libor Fines to send Normandy Veterans and 2 carers/family members to Normandy. Every trip is accompanied by a Doctor.

Veteran's Gateway. There are more than 200 charities who aim to help service personnel and their dependants and current service personnel and their dependants – this is very confusing and a deterrent for those needing help. A number of these Charities have got together and set up what will be one telephone number to gain access to the relevant charity. It is expected this will be operational around April 2017.

Veteran's Trauma Network. NHS has recently launched to provide better care for war injuries

<https://www.england.nhs.uk/2017/01/veterans-trauma-network/>

Questions on STP and its "Primary Care Infrastructure Plan 2016 to 2021

Copies of page 31 of Estates plan were handed out.

Dr Opher detailed the aim of the 5 Year Forward Plan – basically it is to reorganise and care and provision of care and make it "joined-up"..

What is the total NHS funding? It's difficult to say as funding comes from many sources and savings.

7. Any Other Business:

Dr Kathy Curtis-Hayward is to retire on April the first, but will continue one day a week for a while. Dr Curtis Hayward is being replaced by Dr Silvana Romero Brown. Dr Kenny is to retire in January of next year.

Shirley Hill gave a date for the diary. Thursday 6th April, 18.00hrs - 20.00hrs (6 – 8 pm) Becky Parish will be visiting to talk to PPG Groups. Venue to be confirmed.

The meeting closed at 11.55hrs.